Beef Primal Cuts Worksheet

Please label the primal cuts from the above diagram on the lines below. Next to each cut name, write a letter “L” if the muscle is for locomotion or a letter “S” if the muscle is for suspension.

A _____________
B _____________
C _____________
D _____________
E _____________
F _____________
G _____________
H _____________
I _____________

Word Bank:
- Plate
- Flank
- Round
- Sirloin
- Fore Shank
- Brisket
- Rib
- Chuck
- Short Loin