



## What is a Traveling Veteran Coordinator (TVC)?

A Traveling Veteran Coordinator is a VA employee who is a Registered Nurse (RN), Physician Assistant or Nurse Practitioner who assists Veterans on extended travel. TVCs help coordinate medical needs and facilitate care.

### What does a TVC do?

The TVC will help you arrange non-emergency outpatient care and appointments you may need at another VA while you are on extended travel.

### Why is this important?

VA wants to make sure you are provided with same quality of care and high standards while you travel.

### Who is the TVC?

There is a TVC at your assigned health care system (preferred) and visiting (alternate) site. They will communicate to coordinate your care.



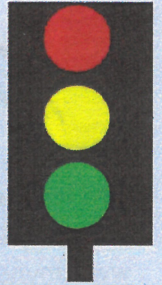
Thinking about visiting family in another state? Are you visiting us from northern states for the winter?

Start with this checklist to make VA health care a smooth experience for you.

### Traveling Veteran Checklist

- Notify your PACT team of travel destinations and dates, 4-6 weeks before you travel
- Notify PACT of temporary address and phone number
- Bring enough medications for your trip
- Name of the VA you would like to use while you are away
- As soon as you arrive, register at the local VA

Whether you're a VCB enrollee or coming from other parts of Texas or the U.S., you will need to do the following when you travel.



### Travel Information for Veterans

- Bring a copy of your health summary, medication list, and Primary Care team information.
- **Sign up for MyHealthVet**
- Before you travel, see if you will need any lab testing, supplies, or medication while you are away.
- **Refill your prescriptions using the method you would normally use.**
- Refill your prescriptions 10-14 days before you run out.
- **Contact TVC's at VCB:  
Sherry Russo, RN or Lynda Perez, RN (956) 291-9207**