



State Fair DAY CAMP

Monday, August 31, 2020





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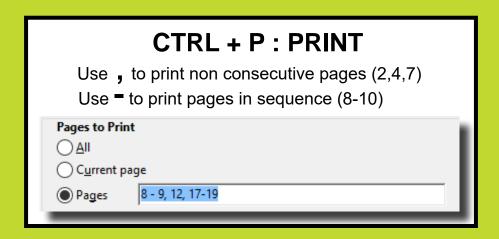
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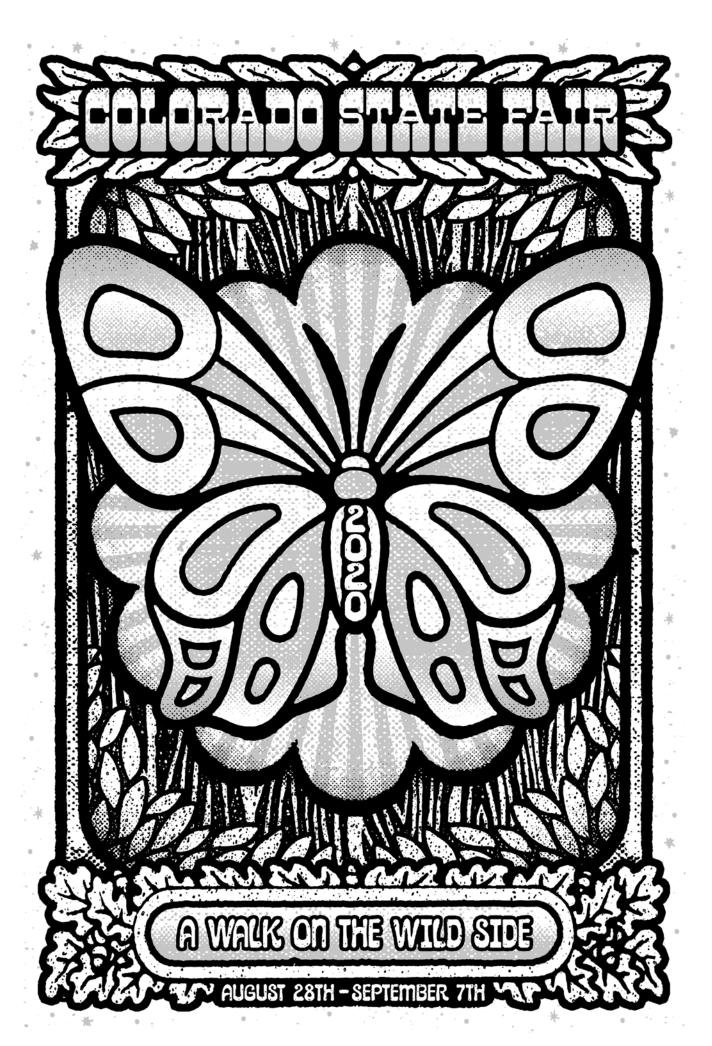
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MEC MINING & MONEY CATCHER

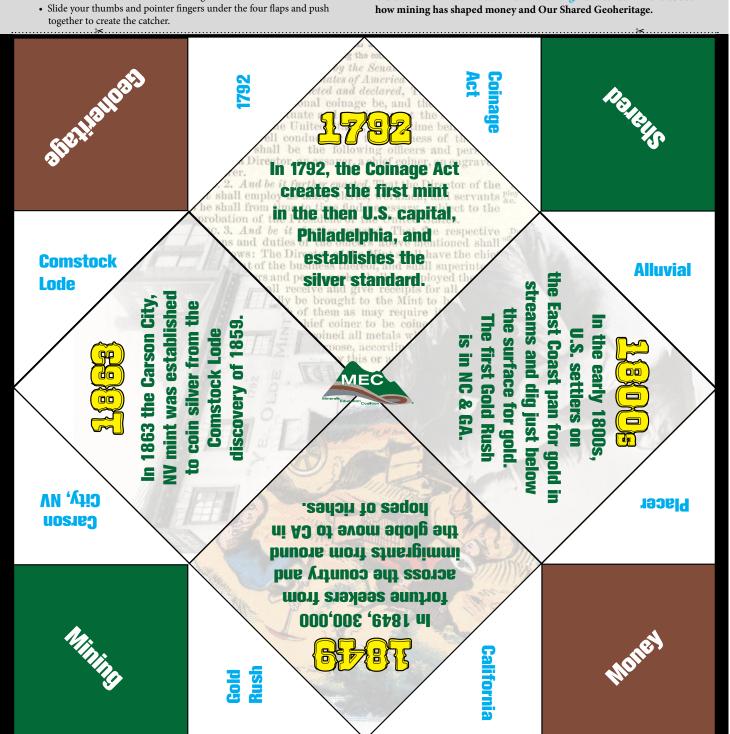
CREATE

- Separate these instructions from the MEC Catcher at the cut line.
- · Lay catcher printed side down.
- Fold two corners together to form a large triangle. Unfold. Do the same for the other two corners.
- Fold each corner to the center of the paper to create a smaller square.
- Flip catcher over. Fold each corner to the center of the paper to create a
- Fold catcher in half to create a rectangle.

PLAY

- · Start with the catcher closed.
- One player chooses an outside term: Mining, Money, Shared or Geoheritage.
- · The other player counts out the number of letters in the term, opening and closing the catcher in an alternating direction for each letter.
- Choose one of the terms inside and lift the flap to learn more.
- Switch players and continue choosing terms until you've read them all.

Visit www.MineralsEducationCoalition.org/ESW to learn more about







At Home

Who knew pancake batter had some many uses? Today we take pancake batter and turn it into some tasty State Fair Funnel Cakes. Then we dust them with cinnamon sugar and find something fun to dip them in, may I suggest some vanilla pudding??? Since we are using a fryer for this recipe, have Mom, Dad or an Adult help and make sure to keep things safe. Happy Cooking, Chef Jason

Chef Jason K. Morse, CEC | Ace Hardware Grill Expert | Owner, 5280 Culinary

Yield: 4-6 Funnel Cakes

Prep time: 10 Minutes

Cook time: 5-6 Minutes

Ingredients		
Measure	Ingredient	
4 Cups	Bisquick Mix, Original	
5 Ea	Egg, Large, fresh	
2 Cups	Milk, Whole	
1 Tbsp	Vanilla Extract	
24 fl oz	Canola Oil	

CINNAMON SUGAR RECIPE

1 Cup Sugar, Cane, Granulated

2 Tbsp Cinnamon, Ground

Mix ingredients together in a bowl and save for dusting funnel cakes

Safety Tips:

- 1. Always have Mom, Dad or an adult help with any frying
- 2. SAFETY TIP KEEP A SMALL EXTINGUISHER AROUND
- 3. Remember, if you have a grease fire, don't panic!!!
- 4. Cover the food and turn off the flame or burner to snuff the flames.
- 5. If that doesn't work, deploy the fire extinguisher

Cooking Directions:

- Place the oil into a 10" or 12" cast iron skillet, about 2" deep for the oil
- Heat the oil over medium heat to 350° and check temp with a candy or frying thermometer
- While oil is heating, prepare the batter
- In a large mixing bowl mix the following together:
 - a. Bisquick Mix
 - b. Eggs
 - c. Milk
 - d. Vanilla
- Find a large squeeze bottle, clean and dry out
 - a. Cut the tip of the squeeze bottle 75% off, creating a larger hole
- Pour the batter into the squeeze bottle
- Carefully, with help from an adult!!
 - a. Slowly drizzle the batter into the oil, around in circles, creating a floating "nest"
 - i. Be sure to avoid spattering oil
 - b. Fry for 30-45 seconds or until edges are golden
 - c. Using a pair of tongs, carefully turn the funnel cake over, away from you
 - d. Fry on the second side for 20 seconds or until golden
 - e. Fry 1 funnel cake at a time to prevent oil overflowing
 - f. Carefully, using tongs, remove the funnel cake from the oil
 - g. Place onto a plate lined with paper towel and allow to drain for 30 seconds
 - h. Place the funnel cake in the cinnamon sugar bowl and sprinkle to coat
- Let sit for 1 minute before eating to allow funnel cake to cool slightly
- DEVOUR!!



Ice Cream in a Bag



Materials:

- 1-quart size freezer bag (Do not use off-brand or generic bags!)
- 1-gallon size freezer bag
- ½ cup whole milk
- 1 ½ tbsp. sugar
- ½ tsp. vanilla extract
- 4 cups ice
- 4-6 tbsp. rock salt
- spoons

Optional Materials:

Kitchen towels, oven mitts, or gloves to protect hands from cold

Description: When science and food meet, you might get a tasty dairy treat.

Purpose: Food science activity that connects everyday foods to the farm.

Directions:

- 1. In quart-size freezer bag place ½ cup whole milk, 1 ½ tbsp. sugar, ½ tsp. vanilla extract. Securely seal.
- 2. In gallon-size freezer bag place 4 cups ice and 4-6 tbsp. rock salt (coarse kosher salt will work).
- 3. Place quart bag in gallon bag. Seal gallon bag securely. Position quart bag so the top of the bags are parallel and hold securely.
- 4. Shake bags until milk begins to freeze and ice cream begins to form, approximately 5 minutes.
- 5. Enjoy!

Information:

Salt lowers the temperature of ice while melting it at the same time, allowing the milk to freeze and turn into ice cream.

Freezing a liquid creates ice crystals. The more you shake and break the ice crystals, the smoother the ice cream

Go Further:

- Record the temperature of the ice without salt and after the milk mixture has formed ice cream.
 Do the same for the temperature of the milk mixture and once it becomes ice cream.
- 2. Describe and measure the volume and weight of the ingredients individually and collectively.
- 3. Survey students or family members on their favorite flavors of ice cream. Chart.



Classes of Wheat



Instructions: Read the information about the six classes of wheat. Observe the wheat kernel images. Record the hardness, shape, and color of the kernels in the provided spaces. List a food product that could be made from each class. Based on the description, determine if each class would typically be grown in Colorado.

Hard Red Winter



Out of all six classes of wheat, the US produces the most Hard Red Winter wheat. It is grown in the Great Plains states, extending from the Mississippi River west to the Rocky Mountains and from Canada to Mexico. Hard Red Winter wheat has a wide range of protein content and is used to produce bread, rolls, Asian noodles, flat bread, all-purpose flour, and cereal. The US exports Hard Red Winter wheat to Russia, China, Japan, Morocco, and Poland.

	Shape:	Color:	Food Product:
Would this class of	wheat be grown in Colo	rado? Explain	
Hard Red Sprin	ng		
	strong glu bread, roll wheat to i northern	iten characteristics. This ls, croissants, bagels, and increase protein in lowe areas of the US where th	the highest percentage of protein and makes it a good wheat for making d pizza crust. It is also used as a blending r protein flour. It is planted in the summers are mild. Hard Red Spring crica, Japan, Philippines, and Russia.
Hardness:	Shape:	Color:	Food Product:
Would this class of	wheat be grown in Colo	rado? Explain	
Would this class of the second	<u>-</u>	rado? Explain	
	Soft Red V to the har grinds mo cookies, p	Vinter wheat has a related red varieties of wheat ore easily than the hard ore treetzels, pastries, and crassippi River. The US expo	ively low percentage of protein compared . Because it is a softer variety of wheat, it wheats. It is used to make flat breads, cakes,
	Soft Red V to the har grinds mo cookies, p the Missis and Moro	Vinter wheat has a relating dired varieties of wheat ore easily than the hard whetzels, pastries, and crasippi River. The US exponence.	ively low percentage of protein compared . Because it is a softer variety of wheat, it wheats. It is used to make flat breads, cakes, ackers. This wheat is primarily grown east of



Classes of Wheat



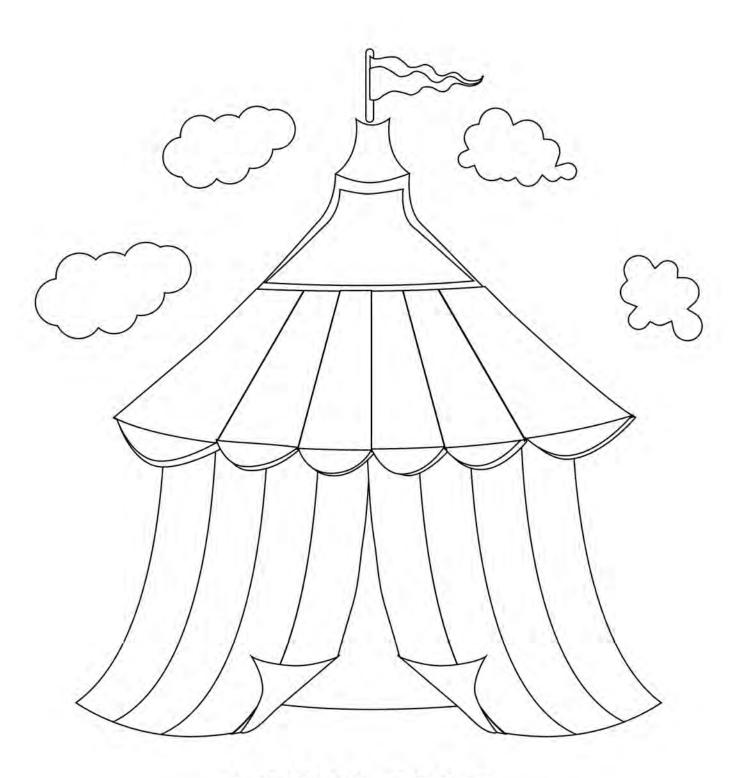
Soft White



Soft White wheat has a low protein and moisture content. It is used to make cakes, crackers, cookies, pastries, quick breads, muffins, Asian noodles, Middle Eastern flat breads, and snack foods. This wheat is grown mainly in the Pacific Northwest, but is also grown in California, Michigan, Wisconsin, and New York. Soft White wheat is exported mostly to the Far East Asian region.

Hardness:	Shape:	Color:	Food Product:			
Would this class of wh	eat be grown in Colo	rado? Explain				
Hard White						
	Hard White wheat is the newest class of wheat to be grown in the US. This wheat is similar to Hard Red wheat except for its color and milder, sweeter flavor. Its protein characteristics are identical to Hard Red wheat. Most Hard White wheat is grown in Kansas and Colorado. This wheat is used to make bread, hard rolls, bulgur, tortillas, flat bread, and Asian noodles. It is primarily used in US markets and only exported in limited quantities.					
Hardness:	Shape:	Color:	Food Product:			
Would this class of wh	eat be grown in Colo	rado? Explain				
Durum	D					
	varieties. I content ar used to pr the larges	Durum wheat is a botanically separate species from the hard and soft wheat varieties. It is the hardest of all wheats. Durum has a high protein and gluten content and is ideal for milling into semolina flour to make pasta. It is also used to produce couscous and some Mediterranean breads. North Dakota is the largest US producer of Durum wheat. It is also grown in the same northern states as Hard Red Spring wheat. Durum is only exported in limited quantities.				
Hardness:	Shape:	Color:	Food Product:			
Would this class of wh	eat be grown in Colo	rado? Explain				





CIRCUS TENT

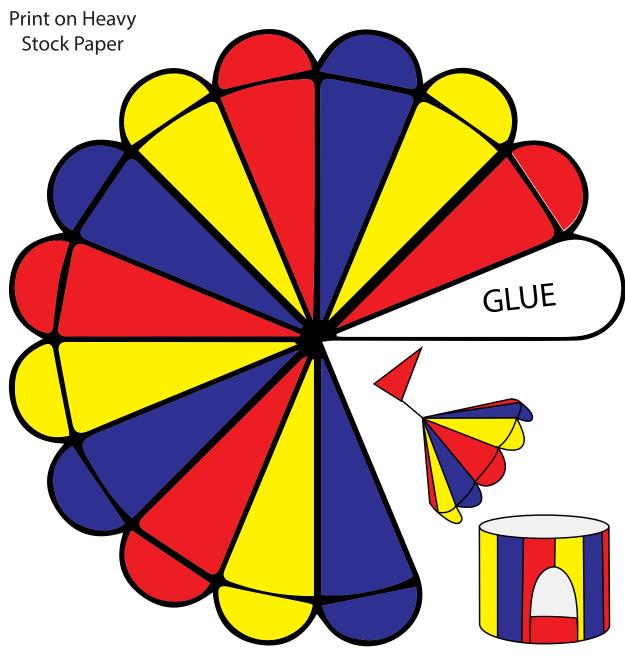


TIGER

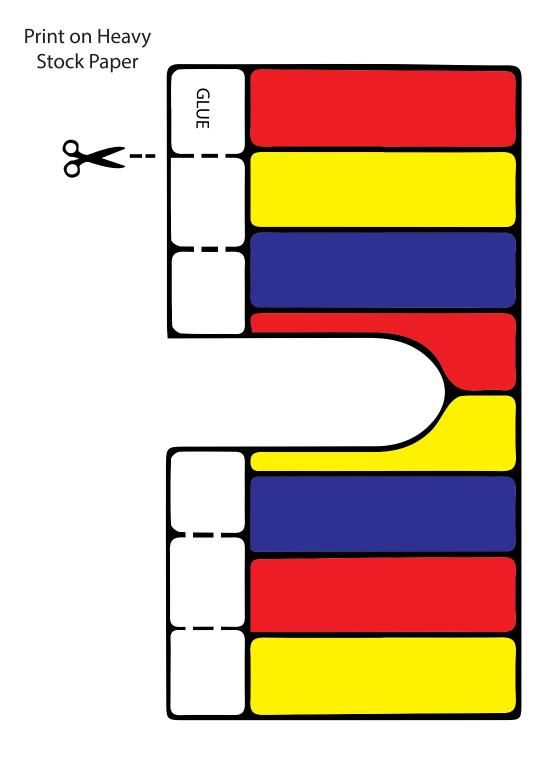


TINA THE TIGHT ROPE WALKER

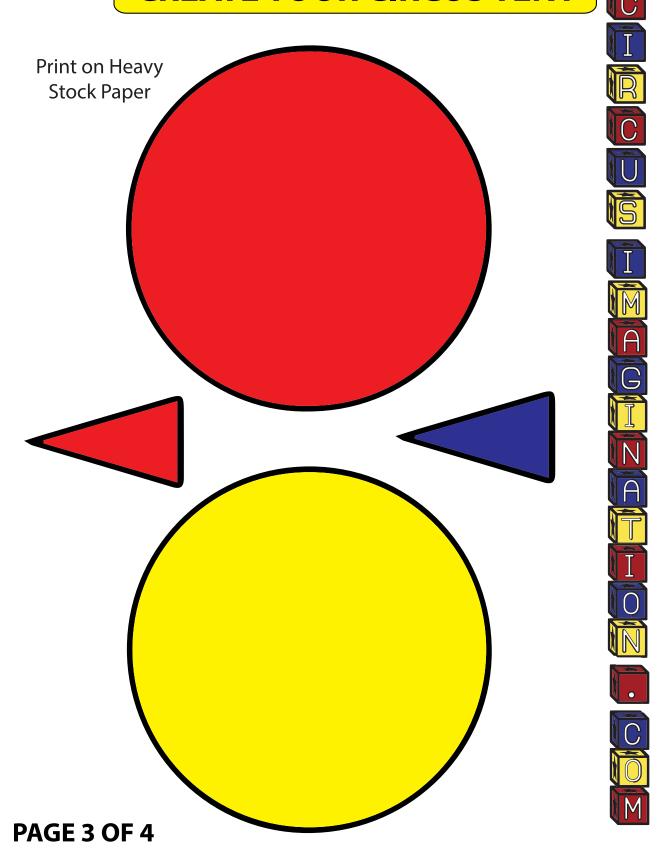
Cut around all the edges and the dotted lines. Second, fold the white tabs underneath the walls towards the inside. Then glue one circle over the tabs and the other one underneath them to create the bottom of the box. To make the top glue the white GLUE tab under the blue stripe. Use a toothpick as the flag pole, glue one triangle on each side and stick it on top of tent.



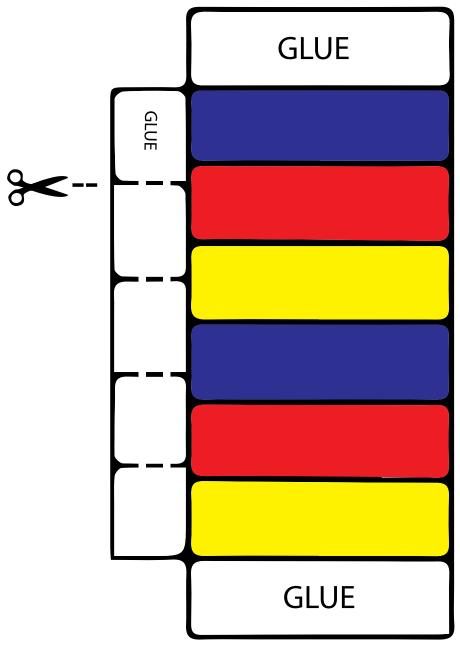
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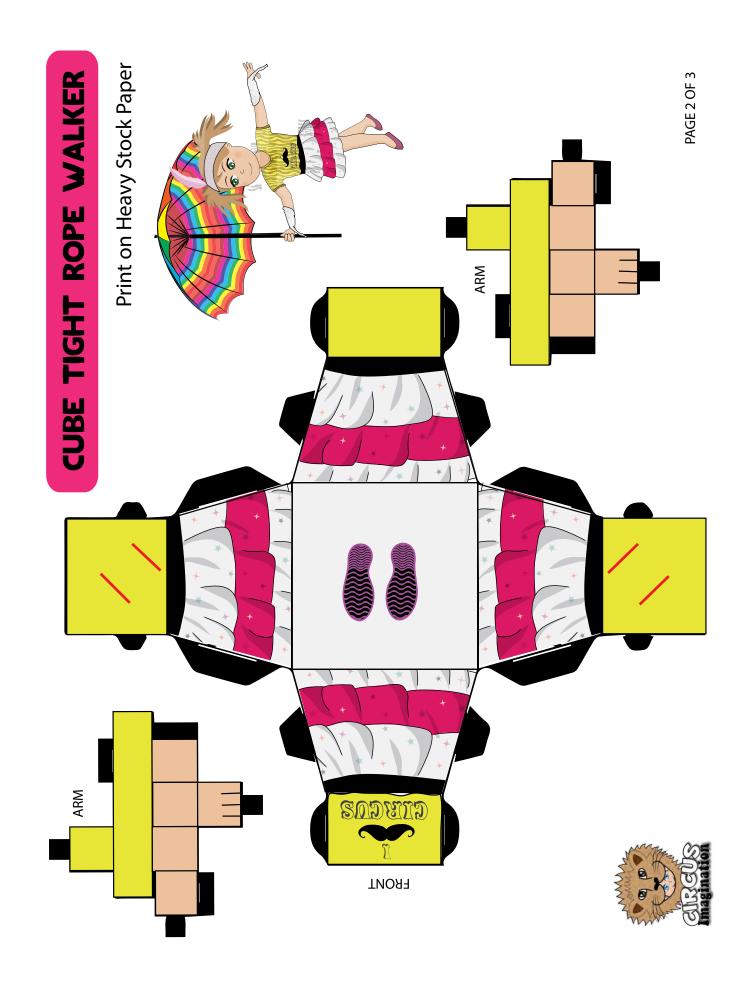


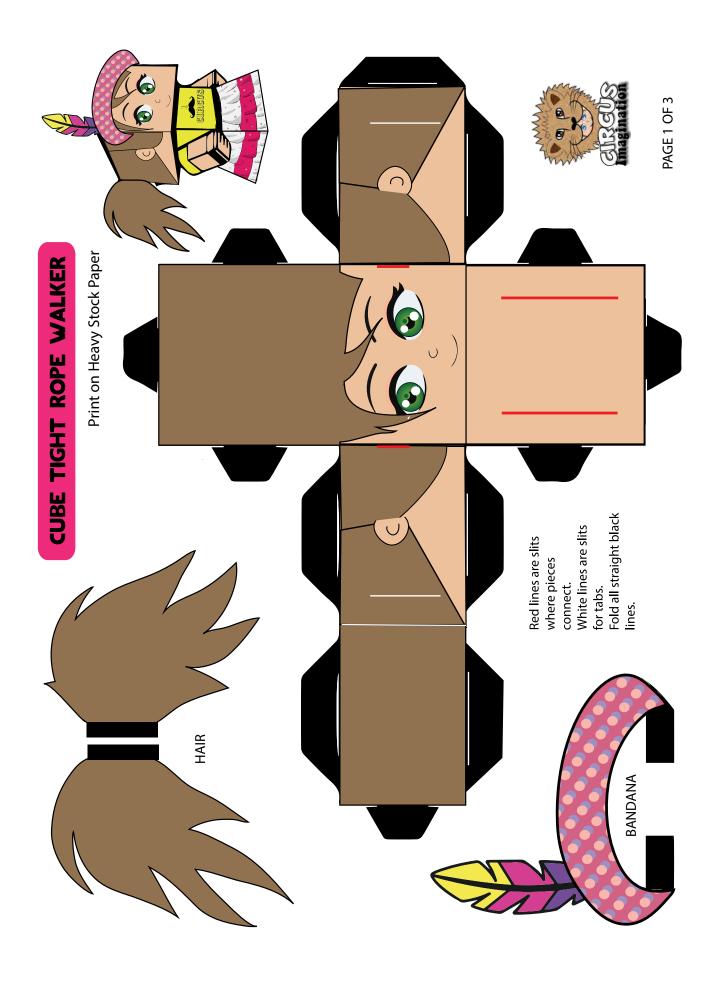
Print on Heavy Stock Paper





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Circus Tutorials



Face Painting: Tiger

Materials:

- White Face Paint
- Orange Face Paint
- Yellow Face Paint
- Black Face Paint
- Wide and Thin Brushes

Click on video to watch online.



Bubble Making

Materials:

- 2 Garden Sticks
- 2 Eye Hooks and Washers
- Cotton RopeBubble Solution:
- 1 cup of Clear Dish Soap
- 1 gallon of Water

Click on video to watch online.



Tiger Face Paint Template

