

# COW PALACE

On March 16<sup>TH</sup>, Health Officers from the Bay Area announced a Public Health Order that requires residents from San Mateo, San Francisco, and four other Counties to stay home except for essential needs. To comply with the shelter in place, our Administration Office is temporarily closed until **April 7<sup>TH</sup>, 2020**.

We are continuing to monitor the COVID-19 situation and are staying in contact with our Federal, State and Local Government and health entities to determine when it will be appropriate to resume our office hours.

The health and safety of our Team members and Communities continues to be our top priority and we remain committed to staying informed, educated and taking the necessary steps to enhance public safety.

We thank you for your patience and support but for any questions, feel free to email us at [info@cowpalace.com](mailto:info@cowpalace.com) or call (415-404-4100). If you have an urgent need from a specific [staff member](#) please email them directly and they will be checking emails periodically through the day.

Please remember to remain calm and practice the recommended healthy habits from the [Center for Disease Control and Prevention](#).

-Your Friends at the Cow Palace

**Stop Germs! Wash Your Hands.**

**When?**

- After using the bathroom
- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage

**How?**

**Wet your hands** with clean, running water (warm or cold), turn off the tap, and apply soap.

**Lather your hands** by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.

**Scrub your hands** for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.

**Rinse hands** well under clean, running water.

**Dry hands** using a clean towel or air dry them.

Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy.

LIFE IS BETTER WITH  
**CLEAN HANDS**

[www.cdc.gov/handwashing](http://www.cdc.gov/handwashing)

This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GLO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.

2600 Geneva Avenue • Daly City, CA 94014 • [www.cowpalace.com](http://www.cowpalace.com)  
Phone: 415.404.4100 • @cowpalaceSF