



**SCFH HIKE SCHEDULE FOR FALL 2017 THROUGH SPRING 2018**  
**SUBMITTED by CAROL AYRES, PAM CISSIK & CAROL CARRIERE**  
**BE SURE TO CHECK OUR WEBSITE ([www.scfh.org](http://www.scfh.org)) FOR UPDATES AND CHANGES**

DATE	TITLE	LEADER	STARTING POINTS	MILEAGE/DEGREE OF DIFFICULTY	NOTES
OCT. 21 SAT	SCENIC HIKE IN McDOWELL MOUNTAIN REGIONAL PARK	CAROL CARRIERE	LIBRARY (CARPOOL) 8:00 AM Joint hike with MMRP	Easy to Moderate, 4.5 miles, a few rocky areas but mostly easy footing	\$6.00 Per car to get in the Park. Expansive scenic views of the McDowell Mtns. to the west and Mazatzals to the east. A crested saguaro and a petroglyph along the way
OCT. 25 WED.	AMPHITHEATER and BALANCED ROCK IN SCOTTSDALE PRESERVE	CAROL CARRIERE	LIBRARY (CARPOOL) 8:00 AM	Fairly easy 6 miles. Mostly sandy trails	Starting at Granite Mt. Trailhead we will hike to an interesting rock formation reminiscent of an amphitheater. We will stop at Balanced Rock along the way.
NOV. 3 FRI.	DEER CREEK TRAIL- A VISIT TO DAVY GOWAN GRAVE SITE	PAM CISSIK	LIBRARY (CARPOOL) 8:00 AM  PLEASE Reimburse FOR GAS  STURDY SHOES & POLES  Bring lunch /snacks & 2 liters of water	Moderate, 6.4 miles round trip. 800 foot elevation gain . Approx. 1 hour travel time; mid afternoon return, (Similar to hiking the Dixie Mine Trail)	The Deer Creek trail is easily accessed off of Hwy 87. The trail climbs a bit before descending and following the creek. There are some steep narrow sections along the creek. Our hike ends at the grave site of a Scottish rancher and prospector. We will also look for a nearby geocache.

NOV. 24 FRI.	WALK OFF THE TURKEY EXERCISE HIKE	PAM CISSIK & JIM GRAJEK	GOLDEN EAGLE TRAILHEAD 8:00 AM TRAILHEAD STAGING AREA 8:30 AM	9 miles , 1000ft elevation, Challenging, Exercise Pace Hike	Car Shuttle Required; \$6.00 Admission per car to MMPR. This will be a joint hike with MMRP. The hike will start in the park and end at the Golden Eagle Trailhead. The hike will be at an exercise pace. Bring 2-3 liters of water, plenty of snacks/food and wear sturdy shoes.
DEC. 6 WED.	McDOWELL MOUNTAIN REGIONAL PARK (STONEMAN ROAD)	LEN MARCISZ	LIBRARY (CARPOOL) 8: AM  Joint hike with MMRP	Moderate, 4.3 miles	\$6.00 Per car to get in the park Leonard Marcisz will led an interpretative hike and cover the origins of the Stoneman Road, discuss some of the colorful individuals associated with the road, and explain how the road was used during the campaigns against the Yavapai in the early 1870s. Some lucky hiker will get to carry a typical soldier's haversack during the hike. Wear sturdy shoes , hiking poles. Bring water.
DEC 15 FRI.	LITTLE SADDLE MT. TO BUSHNELL TANKS (PORTION OF ARIZONA TRAIL)	PAM CISSIK	LIBRARY (CARPOOL) 8:AM ONE –WAY HIKE WITH SHORT CAR SHUTTLE  PLEASE Reimburse DRIVER FOR GAS  STURDY shoes & poles recom- mended	Moderate, 6 miles, 400 foot elevation gain, approx 1 hour travel time; mid-afternoon return, (Similar to hiking the Dixie Mine Trail – with possible water crossing)	We will take a section of the 800 mile Arizona Trail easily accessible off of Highway 87. This is a well maintained generally downhill hike from the sunflower area to Bushnell Tanks. It ends with a crossing of Boulder Creek so wet feet are possible. We will drop one or more vehicles at Bushnell Tanks and carpool to the start of the hike.  Bring lunch/snacks & 2 Liters of water

JAN 10 WED.	DIXIE MINE	JAN JENSEN	GOLDEN EAGLE TRAILHEAD 8:00 AM	Moderate 5.2 miles 700 foot gain. Sections have short, very steep ups and downs. ( Similar to doing Overlook Trail 3.5 times.)	Bring snacks, 2 liters of water, sturdy shoes and hiking poles are recommended.  <b><u>\$2 PARK ENTRANCE FEE PER PERSON</u></b>
JAN 19 FRI.	DOUBLE CRESTED SAGUARO & MICHELIN MAN – GRANITE MOUNTAIN AREA SCOTTSDALE PRESERVE	PAM CISSIK	LIBRARY (CARPOOL) 8:00 AM  A SHORT SHUTTLE FROM THE GRANITE MTN TRAILHEAD IS REQUIRED	EASY, 4 miles, 400 foot elevation gain. ( Similar to doing Town Overlook Trail twice with more sand)	A 4 mile hike to two of the most fascinating Saguaros you will ever see. A very scenic hike, mostly sandy trails, with mild ups and downs. Bring snack and 2 bottles of water.
JAN 31 WED.	NIGHT HIKE – McDOWELL MOUNTAIN REGIONAL PARK	BILL CRAIG	LIBRARY (CARPOOL) 5: 30 PM	EASY, 3 miles,  Joint hike with MMRP  \$6 ENTRANCE FEE PER CAR	Join us for a hike under the light of a full moon to the site of the historic Pemberton Ranch. Please make sure to bring water and flashlight.
FEB 7 WED	MARCUS LANDSLIDE	DAN GRUBER	LIBRARY CARPOOL 8:00 AM	3.7 Miles, Moderate, 300 ft. elevation	Interpretative hike to the second largest landslide in Arizona led by Dan Gruber, local expert on McDowell Mountain geology.
FEB 16 FRI	BUTCHER JONES TRAIL AT SAGUARO LAKE	CAROL CARRIERE	LIBRARY (CARPOOL) 8:00 AM	5 Miles. Moderate, somewhat hilly, one steep up and down area where hiking poles would be helpful.	Great views of Saguaro Lake all along the trail. Bring a snack for a midway break at a seating area directly facing Four Peaks across a lagoon.  <b><u>You need a Tonto Forest Pass or an America the Beautiful or Golden Age Pass for each vehicle.</u></b>
FEB 28 WED	LOWER SONORAN TRAIL & UPPER SONORAN TRAIL	BILL CRAIG & JIM GRAJEK	GOLDEN EAGLE TRAILHEAD 8:00 AM	8 Miles, Difficult,  \$2 ENTRANCE THROUGH PARK	An 8 mile hike from Golden Eagle Trailhead through the MMRP to the Preserve where we hike

					<p>the Upper Sonoran trail, turn and follow the Lower Sonoran trail on the way back and then retrace our steps back to the trailhead. Bring water, snacks , hiking poles and wear sturdy shoes .</p> <p><b>\$2.00 Park Entrance Fee</b></p>
MARCH 7 WED	JACOB'S CROSSCUT TRAIL SUPERSTITON MOUNTAIN	PAM CISSIK	<p>LIBRARY (CARPOOL) 8:00 AM PLEASE</p> <p>Reimburse driver for gas</p>	<p>Moderate, 7 miles, 700 foot elevation gain (Similar to hiking Dixie Mine Trail); 1 hour travel time; mid afternoon return.</p> <p>A short car shuttle will be required.</p>	<p>This way one-way hike is a great introduction to the Superstition Mountains that often has great wildflowers. We will be hiking along the front of the mountains – rather than up them, but still have great views!</p> <p>Bring snacks, 2-3 liters of water. Sturdy shoes and hiking poles are recommended.</p>
MARCH 17 SAT.	BIRD HIKE	KATHE ANDERSON	<p>LIBRARY (CARPOOL) <b>7:30 AM</b></p>	<p>Easy <b>\$6.00 entrance fee for the park per car</b></p>	<p>We will car pool to McDowell Mountain Regional Park. Joint hike with MMRP.</p>
MARCH 23 FRI	WILDFLOWER HIKE IN THE SCOTTSDALE PRESERVE	CAROL CARRIERE	<p>LIBRARY (CARPOOL) 8: AM</p>	<p>Easy 3-5 miles depending upon trail selected</p>	<p>The exact site of the hike will be determined by where the best wildflower showings are this year.</p>
MARCH 28 WED	WAVE CAVE - SUPERSTITION MOUNTAINS	PAM CISSIK	<p>LIBRARY (CARPOOL) 8:00 AM</p> <p><b>PLEASE REIMBURSE DRIVER FOR GAS</b></p>	<p>Moderate, 3.5 miles, 939 foot elevation gain, 1 hour travel time, mid afternoon return. (Not as long as Dixie Mine but undeveloped trail with slippery conditions and light scrambling.)</p>	<p>How would you like to stand on a rock shaped like a wave in a cave in the Superstitions? This hike starts at the Carney Springs Trailhead (near the Peralta Trailhead) in the Superstitions and follows an informal trail to this now popular spot. The trail is steep and very slippery in spots so sturdy shoes and poles are highly recommended. Bring lunch/snacks and 2 liters</p>

					of water.
APRIL 6 Fri	BALLENTINE TRAIL WITH OPTIONAL VISIT TO AN HISTORIC CABIN & CORRAL	PAM CISSIK	LIBRARY (CARPOOL) 8:00 AM  <b>PLEASE REIMBURSE DRIVER FOR GAS</b>	Challenging, 7.2 miles with 1650 elevation gain or 8.2 miles with 1950 elevation gain. 30 minutes travel time; mid-afternoon return (Similar to doing Dixie Mine TWICE).	We finish our season with a hike up the Ballentine Trail to a scenic saddle and overlook. You can stop there or for those a bit more adventurous and extra energy we continue up and over a ridge on an informal trail and steeply descend to an historical cabin – stove, etc are still there – and have lunch at the cabin/corral. The Ballentine trail is very steep and slippery in spots. Sturdy shoes and poles are required. Bring lunch and 2-3 liters of water.

**FOR ANSWERS TO QUESTIONS CONTACT CAROL AYRES SCFH 480-837-8290 OR [QUAIL16440@GMAIL.COM](mailto:QUAIL16440@GMAIL.COM)**