

Striders Winter Racing Circuit 10-Mile

Age Group Results

Short Course

Race Date
March 18, 2017

| | |
|--------------------|----------------------------------|
| Male No Age | Record: |
| | Year: Time: |

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Diff | Pace |
|-------|-----------|-----------------|--------|-----|---------|-----------|-----------|--------|---------|
| 1 | * Unknown | Chip: 001604b4d | 9990 | | 54 | 1:37:24.8 | 1:37:38.5 | 0:13.6 | 14:59/M |

| | | |
|------------------------|----------------------------------|-------------------------------------|
| Female 13 to 18 | Record: | Rachel Ballard |
| | Year: Time: | 2016 1:00:24.4 |

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Diff | Pace |
|-------|------------------|----------|--------|-----|---------|-----------|----------|--------|--------|
| 1 | * Rachel Ballard | Ogden UT | 1082 | 14 | 6 | 57:18.9 | 57:28.7 | 0:09.7 | 8:49/M |

| | | |
|------------------------|----------------------------------|-------------------------------------|
| Female 19 to 24 | Record: | Rachel Mize |
| | Year: Time: | 2016 1:18:42.7 |

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Diff | Pace |
|-------|---------------|------------|--------|-----|---------|-----------|-----------|--------|---------|
| 1 | * Kylee Adams | Henefer UT | 3 | 24 | 46 | 1:28:59.0 | 1:30:00.2 | 1:01.2 | 13:41/M |

| | | |
|------------------------|----------------------------------|-----------------------------------|
| Female 25 to 29 | Record: | Krista Dunham |
| | Year: Time: | 2016 56:35.3 |

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Diff | Pace |
|-------|-------------------|----------|--------|-----|---------|-----------|-----------|--------|---------|
| 1 | * Allison Lindley | Ogden UT | 285 | 28 | 31 | 1:21:06.7 | 1:21:54.8 | 0:48.0 | 12:29/M |
| 2 | * Kemper Laub | Ogden UT | 280 | 29 | 38 | 1:22:47.0 | 1:23:20.7 | 0:33.7 | 12:44/M |
| 3 | * Lacey Wade | Ogden UT | 482 | 29 | 52 | 1:32:02.3 | 1:33:01.6 | 0:59.2 | 14:10/M |

| | | |
|------------------------|----------------------------------|-------------------------------------|
| Female 30 to 34 | Record: | Krissy Coburn |
| | Year: Time: | 2016 1:08:12.8 |

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Diff | Pace |
|-------|--------------------|-----------|--------|-----|---------|-----------|-----------|--------|---------|
| 1 | * Ashlee Rodriguez | Ogden UT | 397 | 33 | 4 | 57:05.8 | 58:09.9 | 1:04.1 | 8:47/M |
| 2 | * Allison Facer | Ogden UT | 133 | 30 | 5 | 57:07.7 | 58:12.0 | 1:04.3 | 8:47/M |
| 3 | * Kate Wolpert | Ogden UT | 509 | 32 | 7 | 57:52.7 | 58:02.3 | 0:09.5 | 8:54/M |
| 4 | Jessica Long | Sandy UT | 1113 | 34 | 17 | 1:08:28.6 | 1:08:35.5 | 0:06.9 | 10:32/M |
| 5 | Melissa Aland | Ogden UT | 5 | 32 | 33 | 1:21:23.9 | 1:22:13.9 | 0:49.9 | 12:31/M |
| 6 | Karlee Trease | Hooper UT | 463 | 31 | 37 | 1:22:46.6 | 1:23:20.4 | 0:33.7 | 12:44/M |
| 7 | Ashlee Hyden | Ogden UT | 238 | 34 | 45 | 1:27:01.1 | 1:27:42.1 | 0:41.0 | 13:23/M |
| 8 | Korahle Jensen | Ogden UT | 251 | 32 | 47 | 1:29:17.0 | 1:30:15.0 | 0:58.0 | 13:44/M |
| 9 | Denice Shunn | Ogden UT | 421 | 34 | 53 | 1:35:38.2 | 1:36:24.5 | 0:46.3 | 14:43/M |

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|----------------------|----------------------------------|-----------------------------------|
| Male 30 to 34 | Record: | David Gongora |
| | Year: Time: | 2016 51:43.4 |

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Diff | Pace |
|-------|-------------------|------------|--------|-----|---------|-----------|-----------|--------|--------|
| 1 | * David Gongora | Clinton UT | 174 | 34 | 1 | 48:37.8 | 48:56.6 | 0:18.8 | 7:29/M |
| 2 | * Charles Steimel | Ogden UT | 436 | 34 | 11 | 1:03:57.4 | 1:04:39.1 | 0:41.7 | 9:50/M |

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|------------------------|----------------------------------|-----------------------------------|
| Female 35 to 39 | Record: | Kate Spangenberg |
| | Year: Time: | 2016 51:52.7 |

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Diff | Pace |
|-------|------------------|---------------|--------|-----|---------|-----------|-----------|--------|---------|
| 1 | * Dev Gongora | Clearfield UT | 175 | 36 | 8 | 58:04.9 | 58:22.5 | 0:17.6 | 8:56/M |
| 2 | * Ariana Agnew | Huntsville UT | 4 | 36 | 13 | 1:05:58.3 | 1:06:37.9 | 0:39.5 | 10:09/M |
| 3 | * Danna Woods | Ogden UT | 516 | 35 | 16 | 1:06:36.7 | 1:06:55.6 | 0:18.8 | 10:15/M |
| 4 | Katie Carver | Syracuse UT | 72 | 37 | 18 | 1:09:33.8 | 1:10:00.1 | 0:26.3 | 10:42/M |
| 5 | Megan Waldron | Morgan UT | 485 | 37 | 34 | 1:21:35.1 | 1:22:30.6 | 0:55.4 | 12:33/M |
| 6 | Melica Estes | Roy UT | 130 | 35 | 43 | 1:26:55.6 | 1:27:47.4 | 0:51.8 | 13:22/M |
| 7 | Kari Brennan | Ogden UT | 52 | 35 | 44 | 1:26:57.3 | 1:27:49.5 | 0:52.1 | 13:23/M |
| 8 | Jennifer Nielson | Sandy UT | 342 | 36 | 57 | 1:43:24.2 | 1:44:31.5 | 1:07.2 | 15:54/M |
| 9 | Christine O'Neil | Layton UT | 346 | 38 | 58 | 1:43:24.8 | 1:44:31.7 | 1:06.9 | 15:54/M |
| 10 | Camille Raby | Ogden UT | 378 | 38 | 59 | 1:45:54.9 | 1:46:44.8 | 0:49.9 | 16:18/M |

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|---------------|--|--|--|--|---------|----------------|-------|---------|--|--|
| Male 35 to 39 | | | | | Record: | Nathan Starley | | | | |
| | | | | | Year: | 2016 | Time: | 51:33.9 | | |

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Diff | Pace |
|-------|--------------------|-----------|--------|-----|---------|-----------|-----------|--------|--------|
| 1 | * Alexander Larson | Layton UT | 279 | 37 | 10 | 1:03:46.5 | 1:04:51.4 | 1:04.9 | 9:49/M |

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|-----------------|--|--|--|--|---------|----------------|-------|-----------|--|--|
| Female 40 to 44 | | | | | Record: | Karyn Johnston | | | | |
| | | | | | Year: | 2016 | Time: | 1:00:56.7 | | |

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Diff | Pace |
|-------|--------------------|---------------|--------|-----|---------|-----------|-----------|--------|---------|
| 1 | * Kate Spangenberg | Ogden UT | 432 | 40 | 3 | 55:25.8 | 55:31.3 | 0:05.5 | 8:32/M |
| 2 | * Theresa Jensen | Farmington UT | 255 | 41 | 20 | 1:10:52.7 | 1:11:21.2 | 0:28.5 | 10:54/M |
| 3 | * Grimely Degrauw | Ogden UT | 103 | 44 | 21 | 1:11:07.6 | 1:11:18.6 | 0:11.0 | 10:56/M |
| 4 | Emily Whitby | Ogden UT | 1101 | 40 | 22 | 1:11:55.6 | 1:12:35.8 | 0:40.2 | 11:04/M |
| 5 | Judith White | Ogden UT | 499 | 41 | 24 | 1:12:29.0 | 1:12:44.0 | 0:15.0 | 11:09/M |
| 6 | Jen Richins | Henefer UT | 392 | 43 | 32 | 1:21:19.8 | 1:21:36.6 | 0:16.7 | 12:31/M |
| 7 | Traca Wardell | Morgan UT | 488 | 42 | 35 | 1:21:35.2 | 1:22:30.3 | 0:55.0 | 12:33/M |
| 8 | Emilie Carrasquel | Kaysville UT | 70 | 41 | 41 | 1:24:45.5 | 1:25:19.6 | 0:34.1 | 13:02/M |
| 9 | Heather Morrison | Ogden UT | 325 | 40 | 55 | 1:39:58.7 | 1:40:37.7 | 0:38.9 | 15:23/M |

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|---------------|--|--|--|--|---------|------------|-------|-----------|--|--|
| Male 40 to 44 | | | | | Record: | Keith Cook | | | | |
| | | | | | Year: | 2016 | Time: | 1:15:52.8 | | |

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Diff | Pace |
|-------|-----------------|---------------|--------|-----|---------|-----------|-----------|--------|---------|
| 1 | * Jared Jacobs | Hoopier UT | 244 | 42 | 15 | 1:06:36.2 | 1:06:55.2 | 0:18.9 | 10:15/M |
| 2 | * Dana Lueckler | Farmington UT | 293 | 41 | 30 | 1:20:40.3 | 1:21:06.1 | 0:25.7 | 12:25/M |

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|-----------------|--|--|--|--|---------|--------------|-------|-----------|--|--|
| Female 45 to 49 | | | | | Record: | Janine Allen | | | | |
| | | | | | Year: | 2016 | Time: | 1:04:12.3 | | |

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Diff | Pace |
|-------|---------------------|--------------|--------|-----|---------|-----------|-----------|--------|---------|
| 1 | * Janine Allen | Ogden UT | 7 | 49 | 9 | 1:03:01.3 | 1:03:07.3 | 0:05.9 | 9:42/M |
| 2 | * Shawnda Flitton | Layton UT | 145 | 48 | 12 | 1:05:47.8 | 1:06:09.2 | 0:21.4 | 10:07/M |
| 3 | * Lisa Stofferahn | Ogden UT | 444 | 49 | 19 | 1:09:38.7 | 1:10:11.7 | 0:33.0 | 10:43/M |
| 4 | Monica Woodland | Kaysville UT | 514 | 46 | 23 | 1:12:25.5 | 1:13:01.2 | 0:35.7 | 11:08/M |
| 5 | Tara Rees | Henefer UT | 384 | 45 | 26 | 1:16:24.2 | 1:17:26.5 | 1:02.3 | 11:45/M |
| 6 | Catherine Gunderson | Syracuse UT | 187 | 49 | 29 | 1:19:41.6 | 1:20:08.4 | 0:26.7 | 12:16/M |
| 7 | Lisa Butler | Ogden UT | 63 | 46 | 42 | 1:25:29.0 | 1:26:21.7 | 0:52.7 | 13:09/M |

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|-----------------|--|--|--|--|---------|--------------|-------|-----------|--|--|
| Female 50 to 54 | | | | | Record: | Tammy Ulrich | | | | |
| | | | | | Year: | 2016 | Time: | 1:09:23.7 | | |

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Diff | Pace |
|-------|------------------|---------------|--------|-----|---------|-----------|-----------|--------|---------|
| 1 | * Sharee Dickey | Morgan UT | 105 | 51 | 14 | 1:06:27.3 | 1:06:57.7 | 0:30.4 | 10:13/M |
| 2 | * Debbie Worthen | Ogden UT | 520 | 51 | 28 | 1:19:41.4 | 1:20:08.3 | 0:26.8 | 12:16/M |
| 3 | * Jodee Adams | Henefer UT | 2 | 54 | 39 | 1:24:24.4 | 1:25:25.6 | 1:01.1 | 12:59/M |
| 4 | Karen McIntosh | Ogden UT | 308 | 54 | 49 | 1:30:09.7 | 1:30:59.7 | 0:49.9 | 13:52/M |
| 5 | Boni Richardson | Clearfield UT | 391 | 52 | 51 | 1:31:08.7 | 1:31:52.8 | 0:44.0 | 14:01/M |

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|---------------|--|--|--|--|---------|--------------|-------|---------|--|--|
| Male 50 to 54 | | | | | Record: | Greg Scherer | | | | |
| | | | | | Year: | 2016 | Time: | 53:29.8 | | |

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Diff | Pace |
|-------|------------------|-----------------|--------|-----|---------|-----------|-----------|--------|---------|
| 1 | * Mick Daines | Roy UT | 94 | 52 | 2 | 54:28.2 | 54:37.7 | 0:09.5 | 8:23/M |
| 2 | * Michael Wilson | South Jordan UT | 505 | 53 | 27 | 1:17:07.4 | 1:18:05.6 | 0:58.1 | 11:52/M |
| 3 | * Scott Baker | Layton UT | 25 | 52 | 36 | 1:21:46.9 | 1:22:42.8 | 0:55.9 | 12:35/M |
| 4 | Ken Barlow | Roy UT | 27 | 51 | 40 | 1:24:42.8 | 1:25:05.4 | 0:22.6 | 13:02/M |

| | | | | | | | | | | |
|-----------------|--|--|--|--|---------|------------|-------|-----------|--|--|
| Female 55 to 59 | | | | | Record: | Sandy Bond | | | | |
| | | | | | Year: | 2016 | Time: | 1:10:32.5 | | |

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Diff | Pace |
|-------|------|------|--------|-----|---------|-----------|----------|------|------|
|-------|------|------|--------|-----|---------|-----------|----------|------|------|

Striders Winter Racing Circuit 10-Mile

Age Group Results

Short Course

Race Date
March 18, 2017

| | |
|------------------------|---------------------------------|
| Female 55 to 59 | Record: Sandy Bond |
| | Year: 2016 Time: 1:10:32.5 |

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Overall</u> | -----Total----- | | <u>Chip</u> | |
|--------------|----------------|----------------|---------------|------------|----------------|------------------|-----------------|-------------|-------------|
| | | | | | | <u>Chip Time</u> | <u>Gun Time</u> | <u>Diff</u> | <u>Pace</u> |
| 1 * | Christine Long | North Ogden UT | 287 | 56 | 25 | 1:14:52.4 | 1:15:26.4 | 0:34.0 | 11:31/M |
| 2 * | Carol Hunter | Ogden UT | 234 | 57 | 48 | 1:30:08.8 | 1:30:59.8 | 0:51.0 | 13:52/M |
| 3 * | Teri Cowan | Farmington UT | 91 | 59 | 56 | 1:41:14.4 | 1:42:02.5 | 0:48.1 | 15:34/M |

| | |
|------------------------|---------------------------------|
| Female 60 to 64 | Record: Deb Lamarche |
| | Year: 2016 Time: 1:15:18.4 |

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Overall</u> | -----Total----- | | <u>Chip</u> | |
|--------------|--------------------|---------------|---------------|------------|----------------|------------------|-----------------|-------------|-------------|
| | | | | | | <u>Chip Time</u> | <u>Gun Time</u> | <u>Diff</u> | <u>Pace</u> |
| 1 * | Caroline Twitchell | Clearfield UT | 469 | 63 | 50 | 1:30:47.5 | 1:31:38.1 | 0:50.5 | 13:58/M |

| | |
|------------------------|-----------------------|
| Female 65 to 69 | Record: Nina Miller |
| | Year: 2016 Time: |

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Overall</u> | -----Total----- | | <u>Chip</u> | |
|--------------|------------------|-------------|---------------|------------|----------------|------------------|-----------------|-------------|-------------|
| | | | | | | <u>Chip Time</u> | <u>Gun Time</u> | <u>Diff</u> | <u>Pace</u> |
| 1 * | Jennifer Quillen | Logan UT | 374 | 66 | 60 | 1:47:35.3 | 1:48:13.2 | 0:37.8 | 16:33/M |