

Thursday, October 10



1990 Omelet Cook-off Winners
(Left to Right)

2nd Place, Jim Carver, Warner Robins
1st Place, Keevin Griffin, Perry
3rd Place, Seth Hoydu, Atlanta
and Howard Helmer, Judge

Throwback Thursday Original Omelet Cooking Contest

DIVISION 43001

Pre-registration including recipe submission is required by Sept. 18

Check-in: 9:00 - 9:30 AM

Winners announced at approximately 12:30 PM

First Place.....\$100 and GNF Rosette
Second Place.....\$75 and GNF Rosette
Third Place.....\$50 and GNF Rosette

Recipes will be judged on:

Nutritional quality.....20%
Ease of preparation.....15%
Taste appeal (flavor).....30%
Appearance.....20%
Creativity(inventiveuseofingredients)..15%

A throwback to the first Georgia National Fair in 1990 - An early tradition at the Georgia National Fair - Howard Helmer, the world's fastest omelet maker would demonstrate his skills while promoting the Georgia egg. One of the few cooking contests in the early years was the omelet contest. As a tribute to those early years, we are bringing back the original omelet contest.

All omelet entries must be pre-registered and recipes submitted by September 18, 2019.

Twelve finalists will be selected from the recipes, which will be judged on nutritional quality, ease of preparation, taste appeal, creativity, and originality.

The contestants will provide their own omelet pan, mixing bowl, utensils, and other ingredients.

Georgia National Fair will provide two eggs per contestant and the use of a stove.

Contestants will compete six at a time, in two (45 min.) heats and prepare their omelets before the judges in a live setting. Ingredients must be prepped on site.

Omelets will be judged on nutritional quality, ease of preparation, taste appeal, appearance, and creativity.