

THANK YOU FOR PARTICIPATING IN THE #INDYMINI



The 500 Festival KidsFit Program encourages Indiana youth to be more active and pursue a healthy lifestyle. This free fitness program is open to K-6th grade students across the state of Indiana. It sparks interest in walking and running and teaches fitness related activities. Each week, students track their progress. At the conclusion of the program, students will have completed 13.1 miles, the equivalent of the Mini-Marathon! This year, more than 15,000 Hoosier youth participated in this free program! The Mini-Marathon is KidFit's biggest fundraiser. Your participation in the Mini-Marathon helps support healthy lifestyles for Indiana's youth!

Hello! My name is: _____
(first name)

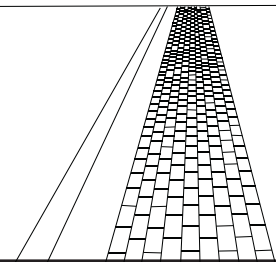
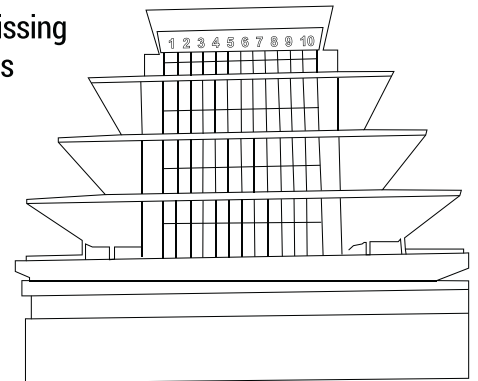
I attend _____
(school name)

I am _____
(age)

Because you Mini, my class was able to participate in the KidsFit Program- completely free of charge! I learned creative ways to stay active and fun running and walking techniques!

My favorite part of the KidsFit Program was:

Draw a picture of yourself kissing the bricks at the Indianapolis Motor Speedway!



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