

FREE DIABETES CLASSES

WHEN

Every 3rd Tuesday -
Lovington/Every 3rd
Thursday - Hobbs

WHERE

Norlea Clinic in
Lovington/Senior
Center in Hobbs

WHEN - **5:30 PM**

**ALL AGES
EVENT**

**APRIL 19
(L)/21 (H)**

Massage – how does
it help Diabetes

**MAY 17
(L)/19 (H)**

Good healthy drinks
to beat the heat

**JUNE 21
(L)/23 (H)**

Great healthy snacks

**JULY 19
(L)/21 (H)**

How Diabetes can
effect your eyes and
how to protect them

