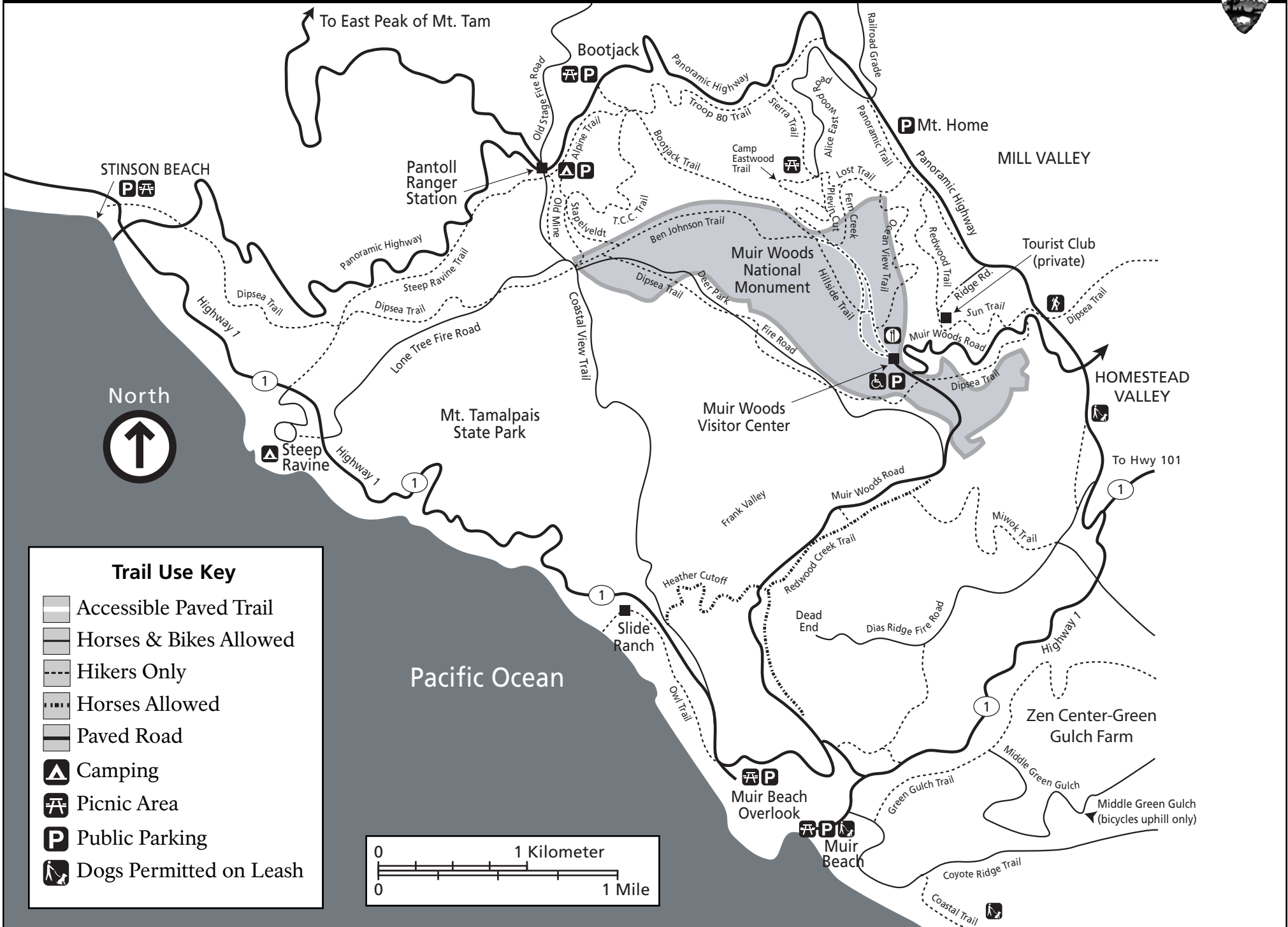


Muir Woods Trail Map

National Park Service
U.S. Department of the Interior

Muir Woods National Monument
Golden Gate National Recreation Area



Trail Use Key

-  Accessible Paved Trail
-  Horses & Bikes Allowed
-  Hikers Only
-  Horses Allowed
-  Paved Road
-  Camping
-  Picnic Area
-  Public Parking
-  Dogs Permitted on Leash



The National Park Service preserves the integrity of wild places and our country's heritage for future generations. As you walk or ride a trail today, alone or with friends, please protect the landscape and its living communities by respecting the trail use guidelines on the map. Your trip will be safer, and you will be a caretaker for the park.

Please protect your national and state parks. Do not remove any natural or cultural historic items. Take only pictures.

Trail Rules

- Muir Woods National Monument is closed to bicycles, dogs (except service dogs), horses, camping and picnics. Service dogs are those that assist people who have special accessibility needs.
- Where dogs are permitted outside of Muir Woods, dog walkers must obey regulations and pick up after their pet.
- Always carry water and a map.
- Please stay on the trail. Shortcuts cause erosion.
- Bikes are only allowed on designated fire roads. Cyclists may not exceed 15 MPH and must slow to 5 MPH around corners or while passing other trail users. Helmets are required for children under 18 and are strongly recommended for others.
- Check at the Visitor Center for current trail conditions and hazards.

Muir Woods National Monument

Emergency numbers:

Park Police (415) 561-5656
from a cell phone (415) 472-0911

Information (415) 388-2596
Nature Hotline (415) 388-2595

Website www.nps.gov/muwo