



August

Martin County Chamber of Commerce
&
City of Stanton Economical Development

Back to School

AUGUST 25TH...

Time to shop! Clothes, shoes, school supplies, the works! The first day of school, Monday, the 25th of August, and things will probably stay busy for a while after that. Time to get back into the 'homework, supper, bath and off to bed' routine, football on Thursday and Friday nights, Cross Country runners giving their all on Saturday mornings. School makes for busy kids, moms and dads, grandparents and busy communities.

Thursday, August 7th, there will be a reception in honor of Martin County Librarian Kaye Smith's retirement. The party will take place at the library in the Library's Community Room from 3:00– 6:00 p.m. Stop by and wish Miss Kay the best as she starts her well deserved break.

August 8, 9, & 10 will be a free for all across Texas as the Tax Free Weekend takes place. As in previous years, the law exempts most clothing, footwear, school supplies and backpacks priced under \$100 from sales and use taxes, which could save shoppers about \$8 on every \$100 they spend. For example, if a customer purchases a pair of pants that costs \$110, then sales tax is due on the entire \$110.

So, it's time to get back into that frame of mind; watching for kiddos walking to and from school. Observing school zone speed limits. Think happy thoughts for our teachers, spending their days in the classroom with our precious children. Get out to some of these events and enjoy time with your neighbors and friends in the community.

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- Dates to remember
 - August 2–30 \$10 haircuts at Salon 137 for kids going back to school.
 - August 8, 9, & 10,— TEXAS Tax Free Weekend
 - August 18—Teachers go back to school
 - August 25—School Starts

August 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7 Retirement reception honoring Kaye Smith MC Library 3-6	8	9
10	11	12	13	14	15	16
17	18 Teachers Back at School	19	20	21	22	23
24	25 Back to School	26	27	28	29	30
	31					

EGG WHITE BREAKFAST SANDWICH

Ingredients:

- 8 Sandwich Thins
- 2 Eggs
- 21 Egg Whites
- 1 cup Mushrooms, chopped
- 1 cup Green Peppers, chopped
- 1/8 cup Milk
- 8 2% Cheese Slices
- 8 Slices, Turkey Bacon

Directions:

1. Preheat the oven to 350 degrees F.
 2. Coat glass 9×13 inch baking dish with non-stick cooking spray.
 3. In a large bowl, whisk together eggs and egg whites until completely blended. Gradually whisk in milk. Stir in mushrooms, green peppers or other vegetables of your choice. Pour egg mixture into the baking dish.
 4. Bake uncovered for 10 minutes, then stir, and bake an additional 10 to 15 minutes, or until eggs are set.
 5. While eggs are baking, toast sandwich thins in toaster and cook turkey bacon on the stove, in microwave or in oven until lightly crispy.
 6. Let cool and then cut into 8 equal servings.
- Place one egg serving, one piece of bacon, and one slice of 2% cheese in between each sandwich thin.

Freezing Directions:

1. Wrap each sandwich in plastic wrap and place in freezer bags.
- To Serve: Thaw in refrigerator overnight. Heat in microwave for 60 seconds on 50% heating power. Serve immediately.

Ingredients

- 4 — 4 oz pork chops, trimmed of fat (approx. 12oz)
- ¼ tsp salt
- ¼ tsp freshly ground pepper
- 3 tsp extra virgin olive oil
- 1 medium onion, diced
- 1 Tbsp garlic, minced
- ⅓ cup reduced-sugar orange juice
- ½ cup reduced-sugar BBQ sauce

Instructions

1. Preheat oven to 400 degrees.
2. Season pork chops lightly with salt and pepper.
3. Heat 2 tsp of oil in a large skillet over high heat. Add the pork chops to pan.
4. Cook until they are lightly brown (1 to 2 minutes per side). Transfer to a plate (or anywhere but your frying pan).
5. Add the remaining 1 tsp oil to the pan (same one the pork was in - toss it right in, don't clean the pan). Add onion and garlic and cook, stirring, until softened (3 to 4 minutes).
6. Add orange juice and cook until most of the liquid has evaporated (about 1 minute). Stir in barbecue sauce.
7. Return the pork chops to the pan, turning several times to coat with the sauce. I just used a fork and rubbed the pork chop around, flipped, and repeat.
8. If you have an oven proof pan - just leave all of the chops in that to bake with the extra sauce. I do not own one of those gems, so I transferred my chops to a baking dish and poured the extra sauce on top. Bake for 10-12 minutes, or until the pork chops are not pink in the middle.

The attitude you have as a parent is what your kids will learn from more than what you tell them. They don't remember what you try to teach them. They remember what you are.

~Jim Henson

Stanton Elementary School Supply List
2014-2015

Pre-K

Small plastic school supply box

1— 8 count box crayons (**Large**)

2—24 count boxes of crayons

2—8 oz. bottles white glue

1—8 count box Crayola Markers (**Basic Colors**)

1 water color paint set

2 boxes facial tissue

1 box quart size Ziploc bags

1 box gallon size Ziploc bags

2 packages of white paper plates (**one large, one small**)

1 package construction paper (**assorted colors**)

1 box of wipes

*Change of clothes (**labeled with name**)

*Please label each crayon, marker, watercolor set, and glue with student's name.

Kindergarten

2 - 24 count boxes of crayons

2 (4oz.) bottles white glue

2 packages glue sticks

1 pair Fiskar scissors

2 boxes facial tissue

1 box regular yellow #2 pencils (**no design please, do not label**)

1 large pink eraser

1 container baby wipes

1 box sandwich size Ziploc bags

1 box gallon size Ziploc bags

Pocket folder (plastic with brads)

2 spiral notebooks (red)

\$5.00 for project supplies

*Change of Clothes (**labeled with name**)



Stanton Elementary School Supply List
2014-2015

1st Grade

- 2 - 24 count boxes of crayons
- 16 glue sticks
- 1 package markers
- 1 box of watercolor paints
- 24 pencils
- 2 boxes facial tissue
- 1 supply box
- 1 pair scissors
- 2 spiral notebooks—1 subject
- 1 pkg construction paper
- 1 folder without brads
- 1 container of Clorox wipes
- 1 - 1inch, 3 ring binder
- 1 backpack
- \$5.00 for art supplies

2nd Grade

- 1 school supply box (**cigar box size**)
- 1 small Fiscar scissors
- 1 - 24 count box of crayons
- 24 yellow pencils
- 1 package wide ruled paper (**not college ruled**)
- 3 red pens
- 2 (8oz.) bottles white glue
- 3 pink pearl erasers
- 3 boxes facial tissue
- 1 highlighter
- Ziploc bags *boys - quart size *girls - gallon size
- 4 plastic folders with pockets & brads (**1 blue, 1 red, 1 green, and 1 purple**)



Stanton Elementary School Supply List
2014-2015

3rd Grade

- Boys—1 **quart size** box Ziploc freezer bags
- Girls—1 **gallon size** box Ziploc freezer bags
- 3 dozen yellow #2 pencils
- 1 package red ink pens (**NO GEL PENS**)
- 3 spiral notebooks (**1 subject wide ruled**)
- 2 packages notebook paper (**wide ruled**)
- 3 large boxes facial tissue
- 1 12 count box map colors
- 1 24 count box crayons
- 2 glue sticks
- 2 pkgs 3x5 ruled index cards
- \$5 for art projects/activities/experiments

4th Grade

- 1 pair pointed scissors
- 1 box 24 count crayons
- 1 set map colors
- 1 small tote bag (**to carry supplies from class to class**)
- 2 glue sticks
- 2 boxes facial tissue
- 1 pencil supply pouch
- 2 composition notebooks
- 1 - 1 inch, 3 ring binder
- 1 blue spiral wide ruled notebook
- 1 green spiral wide ruled notebook
- 1 red spiral wide ruled notebook
- 6 folders with brads and pockets (**blue, green, yellow, red, orange, purple**)
- \$5.00 for art supplies

*Notebook paper, pencils, blue & red pens needed throughout the school year



Stanton Elementary School Supply List
2014-2015

5th Grade

- 1 4 count pkg highlighters
- 1 pkg color pens (red, blue, & black)
- 1 24 pkg #2 pencils
- 1 8 count classic washable Crayola markers
- 24 count box of colored pencils
- 1 pair pointed scissors
- 6 glue sticks
- 1 large bottle Elmer's glue
- 2 zipper pouches (no boxes)
- 2 pink erasers
- 3 175 count box Kleenex
- 1 3 ring binder (example: Trapper Keeper, etc.)
- 2 pkgs wide ruled notebook paper
- 3 wide ruled composition notebooks
- 1 wide ruled spiral notebook
- 2 folders with brads and pockets
- \$5 for art supplies/activities

