

Martin County Chamber of Commerce
&
City of Stanton Economical Development

O

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FALL IS HERE!

How about this weather? What a way to start October, and with it's start, our school football season is half over. Just a few more chances to get out and cheer your favorite team to victory.

October also means it's time for Old Sorehead Trade Days. That means fun crafts, new booths, and great food. Word is, there's a new Mexican/Asian food truck at this show. Sounds interestingly delicious, but if that isn't your thing, there will be plenty of other interesting food styling's to choose from and one will surely tickle your fancy.

Later on in the month, Texas Senator Kel Seliger will be passing through Stanton for a Town Hall Meeting. Everyone in the community is invited out to visit with Mr. Seliger at the Martin County Library on Wednesday, the 22nd of October from 10:00—11:00.

The end of October brings us Halloween and Trick or Treat-ers. Remember, if your porch light is on, they're gonna come knocking for treats. Be sure to watch for those little goblins with all of the traffic that Halloween brings. Stay safe out there!

Dates to remember

- October 11 & 12—OLD SOREHEAD TRADE DAYS
- October 22—Town Hall Meeting with Senator Kel Seliger at the Martin County Library from 10:00—11:00
- November 4—VOTE



Every leaf speaks bliss
to me fluttering from
the autumn tree.
~Emily Bronte

*Shop
Stanton
First*

October 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10 SHS vs Colorado City	11 Old Sorehead Trade Days
12 Old Sorehead Trade Days	13	14	15	16	17 SHS vs Coahoma	18
19	20	21	22 Town Hall Meeting—Kel Seliger 10-11 @ Martin County Library	23	24 SHS @ Coleman	25
26	27	28	29	30	31 SHS vs Ballinger	

Ultimate Pizza Quesadilla

Yields 4

Ingredients:

- 2 tsp extra virgin olive oil (½ tsp per tortilla)
- 4 — Large (9") whole wheat high fiber, low carb tortillas
- 1½ cups light pizza sauce (2 Tbsp per tortilla + ¼ cup leftover for dipping)
- 2 cups low moisture, part-skim, shredded mozzarella cheese (½ cup per tortilla, divided)
- 6 oz turkey pepperoni (1.5 oz per tortilla)
- ½ cup onion, minced (2 Tbsp per tortilla)
- ½ cup green bell pepper, diced (2 Tbsp per tortilla)
- 1 cup white mushrooms, thinly sliced (¼ cup per tortilla)
- 1 tsp crushed red pepper (optional: (¼ tsp per tortilla, optional)

Instructions

Preheat a medium skillet over medium heat.

Brush one side of a tortilla with ½ tsp olive oil and lay oil side down in skillet. Spoon and spread 2 Tbsp of pizza sauce over tortilla.

Sprinkle ¼ cup of cheese OVER HALF OF THE TORTILLA, followed by the turkey pepperoni, 2 Tbsp onion, 2 Tbsp green pepper, ¼ cup mushrooms (optional crushed red pepper) and the remaining ¼ cup cheese. Fold the tortilla in half covering the filling and cook until the quesadilla is golden brown, about 2-3 minutes more. Carefully flip, so the filling doesn't fall out. Continue to cook until the other side is golden brown, about another 2-3 minutes more. Set aside and cover with foil to keep warm. Repeat with other tortillas. Slice into half and serve each with a ¼ cup pizza sauce.

Cleaning Calendar

DAILY

MORNING

- Make beds
- Wipe bathroom counters/sinks
- Empty dishwasher
- One load of laundry
- Chore of the day

NIGHT

- Load dishwasher
- Wipe kitchen counters
- Quick-sweep/spot clean kitchen floor
- Pickup baskets

WEEKLY

- | | |
|-----------|---------------------------|
| MONDAY | Vacuum |
| TUESDAY | Clean mirrors and windows |
| WEDNESDAY | Scrub toilets and tubs |
| THURSDAY | Mop floors |
| FRIDAY | Swing day |
| SATURDAY | Catch-up day |

SWING DAY

- 1st Wipe down furniture and cabinets
- 2nd Scrub oven, microwave, and fridge
- 3rd Wipe down walls, baseboards, and doors
- 4th Spot clean upholstery and rugs