

SAHGA Highland Dance Workshop

Sunday, April 7th

Workshop Location

IFCC Dance Studio
Our Lady of the Lake University
411 S.W. 24th Street
San Antonio, Texas 78207

(Please note that the workshop location is not near the Highland Games Site in Helotes)

Meet Our Instructors



Victoria Anderson (Tori) currently resides in Columbia, SC with her husband Neil (a piper), her son Jamie (14), and daughter Kylie (8). Tori began her journey of dance at the age of 4 in classical and was training with the New York City Ballet by age 12. At age 8, a family friend and Canadian Champion introduced her to her first love – Highland Dancing. Tori competed in Highland dancing for over 20 years, winning over 40 championships throughout the United States, Canada and Scotland. For 10 years, she qualified for the U.S. National Championships, placing in the top three for 3 of those years. A veteran performer and choreographer, Tori toured internationally with Schiehallion, one of Canada’s most acclaimed dance companies, led by Sandra Bald Jones. She performed with them internationally as well as choreographing and performing on tour with Celtic rock band, Seven Nations. Her work was featured in a nationally televised PBS production. Tori is a certified instructor and enjoys teaching out of her local studio as well as workshops throughout North America. She is honored to be participating as an adjudicator and instructor this weekend!

Daniel Carr began dancing at the age of three with the Sheila Milne School of Dance in Owen Sound, Ontario. Daniel received world class training in highland dance from Mrs. Milne as well as ballet, modern, jazz, tap and musical theatre from top instructors from all over the world. Some highlights of his Highland Dancing career included winning the Ontario, Canadian and 2010 Adult World Championships. Daniel currently teaches Highland at the College of Piping in Summerside, PEI, while conducting workshops throughout North America and Scotland.



Workshop Schedule

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- Please arrive 5-10 minutes early to begin warming up.
- Wear appropriate dancewear; knee hi socks, shoes, & hair tied back out of face.
- Bring swords/yardsticks if you have them, practice skirts, notebook, pen, and water bottle.
- Parents please drop your children off and pick up at appropriate times.
- Lunch is 30 minutes. Dancers should be ready to resume classes at 12:00
- As you come into IFCC building go up one flight of stairs for main studio & check in.

8:30–11:00	Intermediate/Premier (Daniel C) <i>Fling, Reel, Hornpipe</i>
	Beginner/Novice (Tori A) <i>Fling, Sword, Seann Triubhas Basics</i>
11:10-12:00	Pre Premier & Premier Dancers (Daniel C) <i>Exercise Training for Dancers</i>
11:00-12:00	Primary Dancers (Tori A) <i>PDB Dances, Fling, Swords</i>
12:00-12:30	Lunch Break
12:30-2:30	Intermediate/Premier (Tori A) <i>Swords, Seann Triubhas, Blue Bonnets</i>
	Beginner/Novice (Daniel C) <i>Seann Triubhas, Flora, Lilt</i>

**You may register for the workshop during registration at the SAHG.
However, it is recommended to do so earlier as class sizes will be limited.**

***For questions on workshop contact Mary Beth ("B") at
highlandmissb@aol.com***

Workshop Registration

Dancer Name: _____ Level _____ Age: ____
Dancer Name: _____ Level _____ Age: ____
Dancer Name: _____ Level _____ Age: ____
Dancer Name: _____ Level _____ Age: ____

Address: _____
 City: _____ State: _____ ZIP: _____
 Phone: _____ Teacher: _____
 Email address _____

		Quantity	Total
Full Day (5.5 hours)	\$35	_____	_____
Half Day (3.5 hours)	\$25	_____	_____
Primary (1 hour)	\$15	_____	_____
*Note taker	\$20	_____	_____
Lunch Box	\$10	_____	_____
Lunch Box/Special Diet Option	\$12	_____	_____
		TOTAL:	_____

****Note taking is for teachers and injured dancers only!***

I hereby for myself, my heirs, executors, and administrators, waive and release SAHGA, IFCC, their agents or representatives, successors, and agencies for any and all damages suffered by me during the workshop or other functions relating to this event. I also permit the SAHGA or its sponsors to use my name or photograph of me participating in the workshop for future promotional or publicity purposes, without obligation or liability to me.

Signature _____ Date: _____
 (Parent or guardian if dancer is less than 18 years old)

Make checks payable to SAHGA. Return form and separate check to.

Mary Beth Klein
1811 Mancero Park
San Antonio, TX 78230

Lunch from Jason's Deli

We will be ordering Lunch Boxes from Jason Deli.

Lunch orders must be made in advance. Meals will be delivered.

Each lunch box comes with sandwich, chips, pickle, cookie, and bottled water..

Please fill out your lunch order and submit with your workshop registration.

Name: _____

Basic Option: \$10.00

Includes: Choice of meat, choice of bread, chips, a pickle and a chocolate-chip cookie

Qty	Choose Meat	Circle bread choice		
	Roasted Turkey Breast	Wheat	White	Rye
	Roast Beef	Wheat	White	Rye
	Ham	Wheat	White	Rye
TOTAL				
	x\$10.00			
	\$			

Special Diet Option: \$12.00

Gluten-Sensitive: Choice of meat on gluten-free bread, chips, a pickle and an Udi's gluten-free snickerdoodle cookie

Vegetarian: Choice of entrée, fresh fruit, and a chocolate-chip cookie

Qty	Choose Meat
	GS: Roasted Turkey Breast
	GS: Roast Beef
	GS: Ham
	V: Spinach veggie wrap
	V: Pimento cheese sandwich
	V: Vegetable cream cheese wrap
	x\$12.00
	\$

TOTAL ORDER \$ _____