



START/FINISH – Common line 14.88' SW of sewer grate on Park Ave. 30.92' SW of light post next to Massachusetts building.

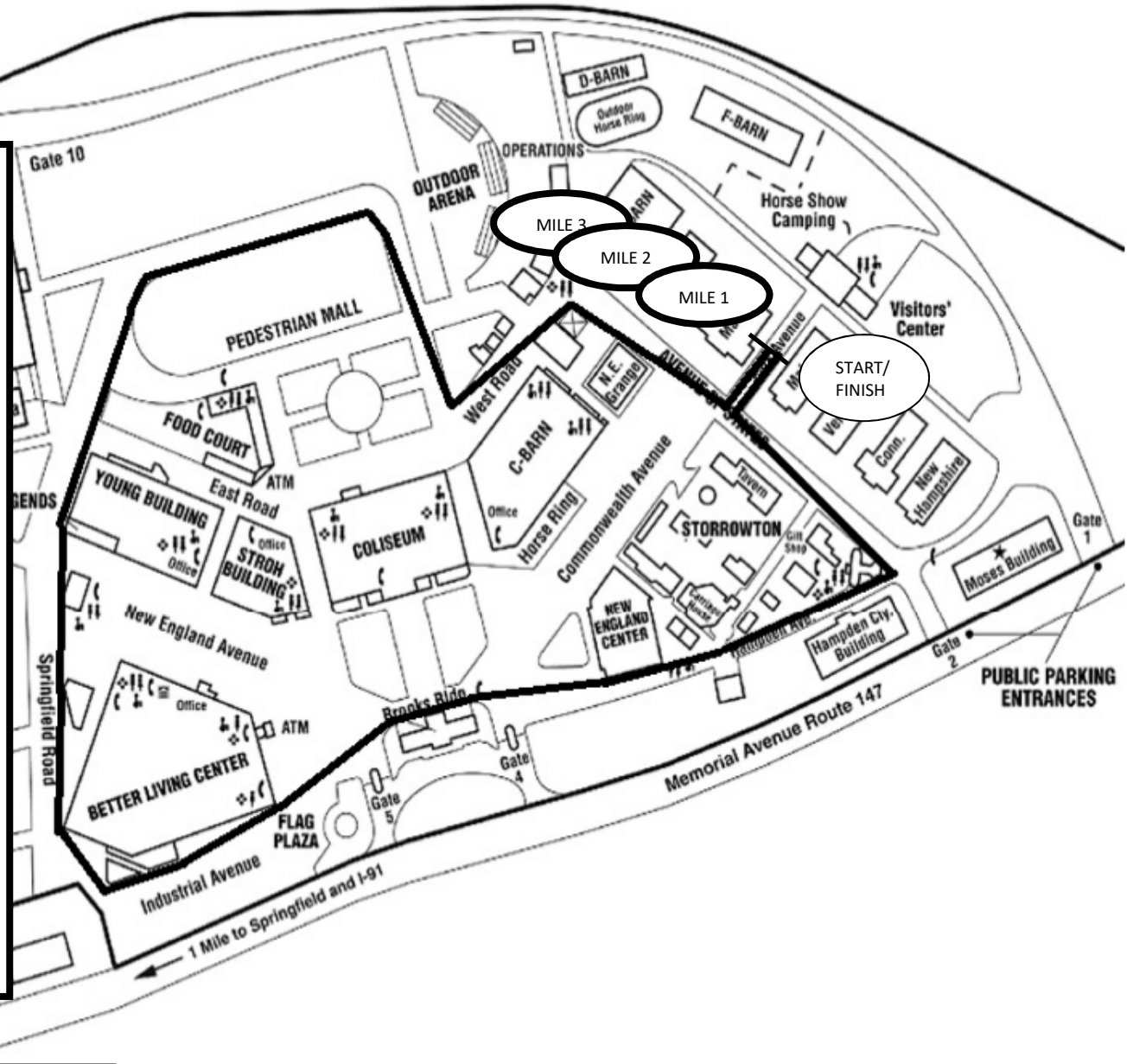
ELEVATION – Start/finish 50' (15m), high 54' (16m), low 45' (14m).

MEASURE/COURSE – All measurements made assuming runners have full use of roadway. Common start/finish spur on Park Ave then three laps clockwise on Ave of the States, Commonwealth Ave, Springfield Rd, around the Ped Mall, West Rd, Ave of the States, back to finish on Park Ave.

MILE 1 – 14' SE (before) pole outside western corner of NE Grange building.

MILE 2 – 26' SE (before) pole outside southern corner of NE Grange building.

MILE 3 – 90' SE (before) Mile 2 mark.



Measured for certification Aug 31, 2017 by John Frey, Velocity Results. Contact JohnDFrey1@gmail.com 413-320-1268, VelocityResults.com. View detailed course map at... www.mapmyrun.com/routes/view/

The Big 5K Road Race & Scramble

West Springfield, MA