

## General Guidance

The Centers for Disease Control and Prevention offers recommendations on how members of the public can limit the spread of the coronavirus. They currently include:

1. Clean and disinfect frequently touched surfaces and exercise equipment (including balls).
2. Thoroughly wash your hands with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer that contains at least 60% alcohol.
3. Wear a cloth face covering that covers your nose and mouth in public settings.
4. Stay at least 10 feet away from non-household members. Note: research is ongoing on appropriate physical distance for bodies in motion.
5. Cover your mouth and nose with tissue when coughing or sneezing.
6. Stay home if you are sick.

## Virginia Phase II Reopening Requirements for Outdoor Sports

Tournament organizers must adhere to the following requirements:

Limit the total number of attendees (including both participants and spectators) to 50 people per field/facility via proactive scheduling and communication to teams.

Ensure daily self-assessment screenings by coaches, officials, tournament staff, players and spectators for COVID-19 symptoms prior to arriving at facilities. Children should be screened per the CDC guidance for screening children. Adults should be asked if they are currently experiencing fever (100.4° or higher) or a sense of having a fever, a new cough that cannot be attributed to another health condition, new shortness of breath that cannot be attributed to another health condition, new chills that cannot be attributed to another health condition, a new sore throat that cannot be attributed to another health condition, or new muscle aches that cannot be attributed to another health condition or specific activity (such as physical exercise). Anyone experiencing symptoms should not be permitted in the venue/establishment.

Ensure anyone who has symptoms of, has tested positive for, or has been exposed to COVID-19 follows appropriate guidelines for quarantine or isolation. Persons with symptoms should stay home until CDC criteria for ending isolation have been met. Persons with severe symptoms may need to be evaluated by a healthcare provider. Establish procedures for safely transporting anyone who is sick to their home or to a healthcare facility. If you are calling an ambulance or bringing someone to the hospital, try to call first to alert them that the person may have COVID-19.

Ensure ten feet of physical distance can be maintained by coaches, officials, tournament staff, players and spectators, except for incidental contact or contact between members of the same household. This applies during instruction and practice and during competitive events. Competition that involves close contact with other athletes must be avoided.

## **Additional Henrico County Requirements**

Submit a tournament safety plan at least one week prior to first tournament, and which includes an acknowledgement of adherence to Commonwealth of Virginia guidelines, to Michael McCormack, Sports Tourism Coordinator, at [mcc125@henrico.us](mailto:mcc125@henrico.us).

Coaches, officials, tournament staff, players and spectators must strictly adhere to ***Virginia Forward Phase II Guidelines***, which has been provided for additional reference.

Henrico County will provide and post the required Virginia Phase II sports reopening signage for all Henrico County athletic fields scheduled for use.

All athletic complex restrooms will be routinely cleaned, disinfected, and restocked by Recreation and Parks during scheduled field use. Recreation and Parks will also provide a contact for restroom cleaning questions or concerns as they may arise during scheduled use.

All associations and user groups will be responsible for any additional cleaning measures they wish to implement.

Concession operations within Henrico County concession buildings will not be permitted during Phase II.